

Getting  
To  
Know  
You

CONVERSATION STARTERS

By  
Dr. Joe and Cindi Ferrini

Excerpts from  
Love ALL-Ways:  
Embracing Marriage Together  
On the Special Needs  
Journey

Let's Ask Some Tough  
Questions:

Is Your Marriage A MONOLOGUE  
or a Real CONVERSATION?

Are you GETTING TO KNOW  
Each Other or Just SHARING  
SPACE?

Do You Ever STOP TALKING  
Long Enough to Listen?

Do You Ever Just LISTEN and  
Take Time to NOT TALK?

Enjoy some time learning  
how to converse and listen

as you get to know each  
other better!

## Conversation Starter Questions

To Ask Each Other  
And Get to Know  
Each Other Better

The goal: every day for 10-30 minutes talk alone with your spouse to get to know each other beyond the work and responsibility of marriage, beyond the schedule, beyond the children and their needs, and beyond the work place. Find interest in each other and in conversation together. Ask the question out loud and see if you can answer it for your spouse and then find out what their real answer is, discussing not just each other's answers, but asking questions to go a little deeper into the topic and to learn more about each answer to the question and about each other. The goal might be to try to find out one new thing about each other each day as you reveal things about yourself to each other. That keeps love bright and fun!

Additionally, we start with the GOOD questions which, according to our BUILDING RELATIONSHIPS chart is the CASUAL category;

the BETTER questions follows the CULTIVATING category on that chart; and the BEST questions go along with the COMMITTED category on the chart. The chart can be found here: <https://cindiferrini.com/index.php/building-relationships/>

These exercises will help you get better at asking and answer questions as well as listening better!

Get started here and have fun:

## GOOD

Just "cutting" it

- What's the name of my favorite fragrance to wear?
- Who is my favorite actor/actress? What movie?
- What is my favorite ice cream or dessert?
- If we could take a trip anywhere, I'd like to go to:
- My favorite color is:
- Name my mother's middle name:
- I do/do not like flowers.
- If I could change what I do daily, I'd change this:

- My favorite subject in high school was:
- My best friend in high school was:
- I'd love to live in this state:
- I like this kind of house (ranch, two story, etc.):
- My favorite kind of music is:
- My favorite movie of all time is:
- I prefer the outdoors/being inside:

BETTER

"Making the Cut"

- I am afraid of:
- ON a cold night I like to:
- Someday I'd like to:
- \_\_\_\_\_ drives me crazy:
- I'd love to have \$\_\_\_\_\_ to spend each week:
- This luxury item is my favorite:

- I'd give up this chore if you'd do it instead: \_\_\_\_\_
- I'd like to do \_\_\_\_\_ for our next anniversary.
- Can we share: \_\_\_\_\_?
- I feel nervous when \_\_\_\_\_ happens.
- I don't know why I worry about \_\_\_\_\_; but I do.
- If we could change \_\_\_\_\_ about our day, I'd love it!
- Do you think we could start exercising together?
- What could we do to better our diet?

## BEST

"Cut above the Rest"

- In an emergency I'd want you to call \_\_\_\_\_ first.
- I love you because:
- One change I'd like to make in our marriage is:

- I'm most secure with you when:
- I'm most unsecure with you when:
- I wish we could talk more intimately about:
- What *one* thing would you like me to work on?
- One secret we share together is:
- What area of our marriage needs the least amount of work?
- What area of our marriage needs the most amount of work?

This manuscript (share it with others) was a short excerpt from *Love ALL-Ways: Embracing Marriage Together on the Special Needs Journey* by Dr. Joe and Cindi Ferrini. More questions are found on pages 147-149 of this book along with much more information! Order now here: <https://cindiferrini.com/index.php/books-and-resources-order-page/>  
Connect with Joe and Cindi at [www.cindiferrini.com](http://www.cindiferrini.com) and <https://www.facebook.com/MyMarriageMatters/>